

Thumbs Up! Game

Yum, Yum Food, We're in the Mood (outdoor game)

(Similar rules to Red, Red, Rover)

Play on a grassed area. If using an oval, students run the width of the oval, not the length.

Teacher Note: If students do not have a variation of colour in their clothing or uniform, give them tags that match the colour of a fruit or vegetable.

e.g. Purple – eggplant or beetroot / Green – lettuce or apple

Choose 2 students to be IT to begin. They are known as "The Hungry Kids."

The Hungry Kids stand in the middle of the grassed area and call out,
"Yum, yum food, we're in the mood..... "
And choose a fruit or vegetable,
for tomato"



Any students wearing the colour of that fruit or veg has to run across the "Hungry Zone" and try to make it safely to the other side.

So to begin:

"Yum, yum food, we're in the mood..... for tomato"

Anyone wearing red (the colour of tomato) runs across and the others remain where they are. The Hungry Kids run after the "tomatoes" and attempt to tip them.

Those not wearing red remain where they are until someone makes it safely to the other side, then everyone else runs too.

The Hungry Kids run after them and attempt to tip them.

If no-one makes it to the other side, the game continues without some students having run. If a student is tagged they join the group in the middle and become a Hungry Kid.

Those who were last tagged choose the fruit or vegetable to be called next.

eg. **"Yum, yum food, we're in the mood.....for pineapple "**

If a food is called out that may be more than one colour, the teacher needs to verify the colours.

eg. Apples (red, green, yellow) Anyone wearing one of those colours needs to run. When most of the children have been caught, start the game again with new Hungry Kids in the middle.



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