

## Ways to Stop Trachoma

- Clean snot from your nose, and muck from around the eyes
- Look in the mirror to check if your face is clean
- Wash your face and hands when they are dirty
- Have a swim in the pool, waterhole or river
- Keep things clean, clear up rubbish
- Shoo away flies from your eyes
- Wash blankets, clothes, pillows and towels
- Teach your little brothers and sisters about keeping a clean face to stop trachoma germs spreading
- Parents should encourage kids to have a shower each night



