

HPE Australian Curriculum Links

Years 1 and 2 Achievement Standard

By the end of Year 2, students describe changes that occur as they grow older. They recognise how strengths and achievements contribute to identities. They identify how emotional responses impact on others' feelings. **They examine messages related to health decisions and describe how to keep themselves and others healthy, safe and physically active.** They identify areas where they can be active and how the body reacts to different physical activities.

Students demonstrate positive ways to interact with others. **They select and apply strategies to keep themselves healthy and safe** and are able to ask for help with tasks or problems. They demonstrate fundamental movement skills in a variety of movement sequences and situations and test alternatives to solve movement challenges. They perform movement sequences that incorporate the elements of movement.

Focus Areas:

- Food & Nutrition
- Safety

Year 1 and 2 Content Descriptions

Personal, Social and Community Health (Strand)

Being healthy, safe and active (Sub-strand)

Recognise situations and opportunities to promote health, safety and wellbeing (ACPPS018)

Communicating and Interacting for health and wellbeing (Sub-strand)

Examine health messages and how they relate to health decisions and behaviours (ACPPS021)

Contributing to healthy and active communities (Sub-strand)

Explore actions that help make the classroom a healthy, safe and active place (ACPPS022)