

HPE Australian Curriculum Links

Years 3 and 4 Achievement Standard

By the end of Year 4, students recognise strategies for managing change. They identify influences that strengthen identities. They investigate how emotional responses vary and understand how to interact positively with others in a variety of situations. **Students interpret health messages and discuss the influences on healthy and safe choices. They understand the benefits of being healthy and physically active.** They describe the connections they have to their community and identify local resources to support their health, wellbeing, safety and physical activity.

Students apply strategies for working cooperatively and apply rules fairly. **They use decision-making and problem-solving skills to select and demonstrate strategies that help them stay safe, healthy and active.** They refine fundamental movement skills and apply movement concepts and strategies in a variety of physical activities and to solve movement challenges. They create and perform movement sequences using fundamental movement skills and the elements of movement.

Focus Areas:

- Food & Nutrition
- Safety
- Active play and minor games

Year 3 and 4 Content Descriptions

Personal, Social and Community Health (Strand)

Being healthy, safe and active (Sub-strand)

Identify and practice strategies to promote health, safety and wellbeing (ACPPS036)

Communicating and Interacting for health and wellbeing (Sub-strand)

Discuss and interpret health information and messages in the media and internet (ACPPS039)

Contributing to healthy and active communities (Sub-strand)

Describe strategies to make the classroom and playground healthy, safe and active spaces (ACPPS040)