

# HPE Australian Curriculum Links

## Foundation Achievement Standard

By the end of Foundation Year, students recognise how they are growing and changing. They identify and describe the different emotions people experience. **They identify actions that help them be healthy, safe and physically active.** They identify different settings where they can be active and demonstrate how to move and play safely. They describe how their body responds to movement.

Students use personal and social skills when working with others in a range of activities. **They demonstrate, with guidance, practices and protective behaviours to keep themselves safe and healthy in different activities.** They perform fundamental movement skills and solve movement challenges.

### Focus Areas:

- Food & Nutrition
- Safety
- Active play and minor games

## Foundation Year Content Descriptions

### **Personal, Social and Community Health (Strand)**

#### **Being healthy, safe and active (Sub-strand)**

Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy

[\(ACPPS003\)](#)

#### **Contributing to healthy and active communities (Sub-strand)**

Identify actions that promote health, safety and wellbeing

[\(ACPPS006\)](#)

### **Movement and Physical Activity (Strand)**

#### **Moving our body (Sub-strand)**

Participate in games with and without equipment

[\(ACPMP009\)](#)