

# Thumbs Up! Songs

## Say No to Soft Drink

Say no to soft drink and sugary drinks too  
Make the decisions that are right for you

Oh...say no to soft drink  
Oh...say no to sports drinks  
Oh...drink lots of water  
That's what I want to see

H2O has a positive force  
It feeds your body and brain of course

Oh...say no to soft drink  
Oh...say no to sports drinks  
Oh...drink lots of water  
That's what I want to see

Turn your mind around and work it out  
You're the most important so give a shout

Oh...say no to soft drink  
Oh... say no to sports drinks  
Oh...drink lots of water  
That's what I want to see

***(Cover mouth OR hands out wide with a big smile to finish to show the beautiful, clean teeth)***



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