

Thumbs Up! Songs

Brush 'em Two Times

(Sung to "Sound Off" military marching chant)

Teacher sings the line and the students echo

Eat healthy foods, brush twice a day
And you will keep that Rota away
Brush `em ..2 times
Brush `em ..2 times, 2 times..per day

"Sometimes" foods and those sweet drinks
Encourage the germs so really think
Brush `em ..2 times
Brush `em.. 2 times, 2 times..per day!

Germs will make your teeth decay
Drink more water to keep `em away
Brush `em ..2 times
Brush `em.. 2 times, 2 times..per day!



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