

Thumbs Up! Game

Ball Bouncing

outdoor game - station 2

Each student bounces the ball with one hand only and sings the song, each word is a bounce. See how long they can last bouncing the ball.

Pasta, grains, fish and meat,

How many good foods
can you eat?

1.2.3.4.5.6.7.8.....

(keep counting until they stop)



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