

# Thumbs Up! Poster

## Acrostic Poem

**W**ater is good for your body

**A**qua ia another word for water

**T**ry and drink water after you have been active

**E**very time you are thirsty you should drink water

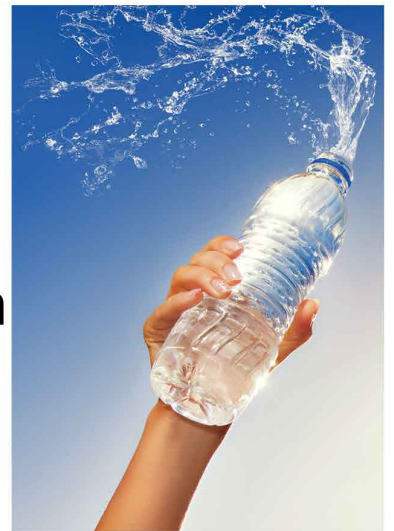
**R**efresh your body with water

**S**oft drink is full of sugar

**O**rally sweet drinks are bad for your teeth

**F**ruit is better for you than soft drink

**T**ry not to have soft drink



**D**amage to teeth can happen from too much soft drink

**R**otting teeth will be sore

**I** will try to drink less soft drink and more water

**N**ot just bad for teeth but bad for your body

**K**ids should drink water and not soft drink



© **Thumbs Up 2011**

